

Swim Wales Masters LC 2025 - 01/03/2025 to 02/03/2025**Wales National Pool, Swansea****Results - Session 2 - Warm Up 11.50 - 12.40****Event 201 Mixed 100-119 400 LC Meter Medley Relay**

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1)	Oliver Lines M27	2)	James Flanigan M30
3)	Isabella Centeleghe W29	4)	Carys Thomas W28
	29.17 1:00.88	34.94	1:15.10
	30.12 1:06.39	31.52	1:06.28

Event 201 Mixed 160-199 400 LC Meter Medley Relay

1	Cardiff Mast	B	5:50.75
1)	Athanasios Galanis M34	2)	Nicholas Wigley M41
3)	Karen Fitzgerald W54	4)	Grace Robinson W31
	44.76 1:32.94	44.78	1:36.50
	42.33 1:33.20	31.46	1:08.11